




# JANUARY 2012



SUN	MON 12:15 BINGO Every Monday	TUES	WED	THURS	FRI 12:15 BINGO Every Friday	SAT
	2) <b>CENTER CLOSED</b>	3) <b>CENTER CLOSED</b>	4) Breakfast Club 10:15 Exercise 10:30 Social Time <b>SENIOR OF THE MONTH</b> 11:30 Lunch 12:15 Chair V-ball	5) Breakfast Club 10:15 Movin & Groovin 11:00 Arts & Crafts <i>ERRAND DAY</i>	6) Breakfast Club 10:15 Exercise 10:30 Trivia Time 11:30 Lunch	
	9) Breakfast Club 10:15 Exercise 10:30 BBB: SCAMS Heather McCleary 11:15 Nutrition Ed. 11:30 Lunch	10) Breakfast Club 10:15 Movin & Groovin 10:00 BARRETT's- free haircut <i>ERRAND DAY</i>	11) Breakfast Club 10:15 Exercise 10:30 Weight Mgmt Screening 11:30 Lunch 12:15 Rocking Grandma Sings 1:00 JCPL Senior Day	12) Breakfast Club 12:00-2:00 <b>COMMODITY DAY</b> by God's Pantry Nutrition Education <i>ERRAND DAY</i>	13) Breakfast Club 10:15 Exercise 10:30 Banana Split Social 11:30 Lunch	
	16) <b>M.L. KING HOLIDAY</b>  <b>CENTER CLOSED</b>	17) Breakfast Club 10:15 Body Recall 11:00 Arts & Crafts <i>ERRAND DAY</i>	18) Breakfast Club 10:15 Exercise 10:30 Library 11:30 Lunch 12:15 Diabetes Class B. Bender-JCHD	19) Breakfast Club 10:15 Body Recall <i>ERRAND DAY</i>	20) Breakfast Club 10:15 Exercise 10:30 Mary Todd Lincoln 10:30 NFD B/P Check 11:30 Lunch	
	23) Breakfast Club 10:15 Exercise 10:30 Lifeline: Eye Care 11: 00 Pie /Cake Walk 11:30 Lunch	24) Breakfast Club 10:15 Body Recall 10:00 BARRETT's- free haircut <i>ERRAND DAY</i>	25) Breakfast Club 10:15 Exercise 10:30 Weather Safety- K. Sholtz 11:30 POTLUCK 12:30 Jody Brock	26) Breakfast Club 10:15 Body Recall 11:00 Movie & Popcorn <i>ERRAND DAY</i>	27) Breakfast Club 10:15 Exercise 10:30 Nurses Reg.-S. Peoples 11:30 Lunch	
	30) Breakfast Club 10:15 Exercise 10:30 PACS NOW 11:30 Lunch	31) Breakfast Club 10:15 Body Recall 11:00 Arts & Crafts <i>ERRAND DAY</i>			