



WILDERNESS TRACE FAMILY YMCA

Gymnastics

- *Tuesday classes at 5:30pm and 6:30pm
- *Preschool class & Beginner Classes
- *\$20 per month, four classes a month
- *On-going class

Preschool Biddy Ball/with Coach Bo

- *Starts November 1st – December 6th
- * Tuesdays at 5:30pm at the Y
- *Preschool ages 3, 4 and 5
- *Fees \$35 plus \$20 youth membership or \$45 non-members

Tae Kwon Do/ John Rankin

- *Wednesday's 5:30 – 6:30pm at the YMCA
- *\$20 per month
- *For youth ages 5 and up
- * Parent participation encouraged

Home-school Gym & Swim

- *Collaboration between the YMCA & Ephraim McDowell Wellness
- *Thursday's 1 – 3 p.m.
- *50 children Max.
- *-\$25 per month for first child
- \$20 per month for second child
- \$15 per month for each additional child

Zumba

- *Instructor is Donnie Duncan
- * Thursday class at 5:30pm
- *\$40 for 12 visits or \$4 per visit

Creative Conditioning

- *An on-going Adult exercise class
- *Instructor is Sandy Currens & LeAnn Wilson
- *Monday & Thursday classes at 6:30 pm
- *\$40 for 12 visits or \$4 Per Visit

Future Programming:

Teen Basketball League

- *Age Divisions: 11 – 14 & 15 – 18
- *Begins January 7th, games on Saturdays
- * \$35 registration fee + \$20 Membership
- *Registration Deadline November 28th
- *Team Draft on November 29th

Men's Basketball League

- *Ages 18 and up
- *\$375 for a 10 man team
- * Winter league will begin in January
- *Deadline to Register is December 16th

Co-Ed Volleyball/Ladies Volleyball

- *Registration deadline December 16th
- *\$120 per team
- *Games begin in January

Breakfast with Santa-

- *December 3rd 8:30- 11 a.m.
- *Harrodsburg Christian Church
- *\$5 a person, children under age 3 eat free
- *Door prizes, pictures with Santa, and live entertainment!



YMCA Afterschool Program

- *Childcare 2:30pm – 6:00pm daily
- *Locations;
 - Mercer County Intermediate School
 - Woodlawn Elementary
 - Perryville Elementary
 - Junction City Elementary
 - Camp Dick Robinson Elementary
- One child: \$45 a week fee or \$12 a day drop-in rate. Two Children: \$80 a week or \$20 a day drop-in rate.

Gym Rentals at the Y

- *Birthday Parties 2 hours
- *\$45 for members
- *\$55 for non-members

Interested individuals contact the YMCA about our programs!

*The YMCA will **never** turn anyone away; scholarships are available to those who qualify.

☺ **Sign up NOW!!!** ☺



Wilderness Trace Family YMCA
P.O. Box 326, Harrodsburg, KY 40330
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